In the entirety of the Appendix, we shall use  $\pi^*$  instead of  $\pi(\theta^*)$  for increased readability.

## **A** Definition of the operators

**Proposition 1.** Assuming all returns  $R(\tau)$  are positive, Eq. 2 can be seen as doing a gradient step to minimize  $KL(R\pi_t || \pi)$  with respect to  $\pi$ , where  $R\pi_t$  is the policy defined by

$$R\pi_t(\tau) = \frac{1}{J(\pi_t)} R(\tau) \pi_t(\tau) .$$
(5)

Hence, the two operators associated with OP-REINFORCE are:

$$\mathcal{I}_{\tau}\pi(\tau) = R\pi(\tau) \quad , \quad \mathcal{P}_{\tau}\mu = \arg\min_{\pi\in\Pi} KL(\mu||\pi) \; ,$$
 (6)

where  $\Pi$  is the set of realizable policies.

*Proof.* Denoting  $\mu$  the distribution over trajectories such that  $\mu(\tau) \propto R(\tau)\pi(\tau)$ , we have

$$KL(\mu||\pi) = \int_{\tau} \mu(\tau) \log \frac{\mu(\tau)}{\pi(\tau)} d\tau$$
(22)

$$\frac{\partial KL(\mu||\pi)}{\partial \theta} = -\int_{\tau} \mu(\tau) \nabla_{\theta} \log \pi(\tau) \, d\tau \tag{23}$$

$$\propto -\int_{\tau} R(\tau)\pi(\tau)\nabla_{\theta}\log\pi(\tau) \ d\tau \tag{24}$$

by definition of  $\mu(\tau)$ .

**Proposition 3.** If all  $Q^{\pi}(s, a)$  are positive, Eq. 4 can be seen as doing a gradient step to minimize

$$D_{V^{\pi_t}\pi_t}(Q^{\pi_t}\pi_t||\pi) = \sum_s d^{\pi_t}(s) V^{\pi_t}(s) KL(Q^{\pi_t}\pi_t||\pi) , \qquad (7)$$

where  $D_{V^{\pi_t}\pi_t}$  and the distribution  $Q^{\pi}\pi$  over actions are defined as

$$D_z(\mu||\pi) = \sum_s z(s) K L(\mu(\cdot|s)||\pi(\cdot|s)) , \qquad (8)$$

$$Q^{\pi}\pi(a|s) = \frac{1}{\sum_{a'} Q^{\pi}(s,a')\pi(a'|s)} Q^{\pi}(s,a)\pi(a|s) = \frac{1}{V^{\pi}(s)} Q^{\pi}(s,a)\pi(a|s) .$$
(9)

Hence, the two operators associated with the state-action formulation are:

$$\mathcal{I}_V \pi(s, a) = \left(\frac{1}{\mathbb{E}_{\pi}[V^{\pi}]} d^{\pi}(s) V^{\pi}(s)\right) Q^{\pi} \pi(a|s)$$
(10)

$$\mathcal{P}_{V}\mu = \arg\min_{z\in\Pi}\sum_{s}\mu(s)KL\big(\mu(\cdot|s)||z(\cdot|s)\big).$$
(11)

Proof.

$$\sum_{s} d^{\pi_{t}}(s) V^{\pi}(s) \frac{\partial KL(Q^{\pi}\pi_{t}||\pi)}{\partial \theta} = -\sum_{s} d^{\pi_{t}}(s) V^{\pi}(s) \sum_{a} Q^{\pi}\pi_{t}(a|s) \nabla_{\theta} \log \pi(a|s)$$
$$= -\sum_{s} d^{\pi_{t}}(s) \sum_{a} Q^{\pi}(s,a) \pi_{t}(a|s) \nabla_{\theta} \log \pi(a|s) , \quad (25)$$

and we recover the update of Eq. 4.

# **B** $\pi^*$ is a stationary point when using the KL

**Proposition 2.**  $\pi(\theta^*)$  is a fixed point of  $\mathcal{P}_{\tau} \circ \mathcal{I}_{\tau}$ .

Proof. We have

$$\nabla_{\theta} KL(R\pi^*||\pi) \bigg|_{\pi=\pi^*} = \int_{\tau} R(\tau)\pi^*(\tau)\nabla_{\theta}\log\pi^*(\tau) \,d\tau$$
(26)

$$= 0 \text{ by definition of } \pi^* . \tag{27}$$

**Proposition 4.**  $\pi(\theta^*)$  is a fixed point of  $\mathcal{P}_V \circ \mathcal{I}_V$ .

Proof. We have

$$\nabla_{\theta} \sum_{s} d^{\pi^{*}}(s) V^{\pi^{*}}(s) KL(Q^{\pi^{*}}\pi^{*}||\pi) \bigg|_{\pi=\pi^{*}} = \sum_{s} d^{\pi^{*}}(s) \sum_{a} \pi^{*}(a|s) Q^{\pi^{*}}(s,a) \frac{\partial \log \pi_{\theta}(a|s)}{\partial \theta} \bigg|_{\theta=\theta^{*}}$$
(28)

$$= 0 \text{ by definition of } \pi^* . \tag{29}$$

## C Expected return of the improved policy

We use the same proof for the following two propositions: **Proposition 5.** The performance of the improved policy  $\mathcal{I}_{\tau}\pi$  is given by

$$J(\mathcal{I}_{\tau}\pi) = J(\pi) \left( 1 + \frac{Var_{\pi}(R)}{(\mathbb{E}_{\pi}[R])^2} \right) \ge J(\pi).$$

$$(12)$$

**Proposition 9.** Let f be an increasing function such that f(x) > 0 for all x. Then

$$J(f(R)\pi) = J(\pi) + \frac{Cov_{\pi}(R, f(R))}{\mathbb{E}_{\pi}[f(R)]} \ge J(\pi).$$
(17)

*Proof.* We now show the expected return of the policy  $z\pi$ , defined as

$$z\pi(\tau) = \frac{1}{\int_{\tau'} z(\tau')\pi(\tau') \, d\tau'} z(\tau)\pi(\tau) , \qquad (30)$$

for any function z over trajectories. In particular, we show that choosing z = R leads to an improvement in the expected return.

$$J(z\pi) = \int_{\tau} R(\tau)(z\pi)(\tau) d\tau$$
(31)

$$= \int_{\tau} \frac{R(\tau)z(\tau)\pi(\tau)}{\int_{\tau'} z(\tau')\pi(\tau') d\tau'} d\tau$$
(32)

$$= \left(\int_{\tau'} R(\tau')\pi(\tau') d\tau'\right) \frac{\int_{\tau} R(\tau)z(\tau)\pi(\tau) d\tau}{\int_{\tau'} z(\tau')\pi(\tau') d\tau' \int_{\tau'} R(\tau')\pi(\tau') d\tau'}$$
(33)

$$= J(\pi) \frac{\mathbb{E}_{\pi}[Rz]}{\mathbb{E}_{\pi}[R]\mathbb{E}_{\pi}[z]}$$
(34)

$$= J(\pi) \left( 1 + \frac{\operatorname{Cov}_{\pi}(R, z)}{\mathbb{E}_{\pi}[R] \mathbb{E}_{\pi}[z]} \right) , \qquad (35)$$

where  $\operatorname{Cov}_{\pi}(R, z) = \mathbb{E}_{\pi}[Rz] - \mathbb{E}_{\pi}[R]\mathbb{E}_{\pi}[z].$ 

When z = R, the expected return becomes

$$J(R\pi) = J(\pi) \left( 1 + \frac{\operatorname{Var}_{\pi}(R)}{(\mathbb{E}_{\pi}[R])^2} \right)$$
(36)

$$\geq J(\pi) . \tag{37}$$

## **D** $\pi^*$ is a stationary point when using $\alpha$ -divergence

**Proposition 7.** Let  $\alpha \in (0,1)$ . Then  $\pi(\theta^*)$  is a fixed point of  $\mathcal{P}^{\alpha}_{\tau} \circ \mathcal{I}^{\frac{1}{\alpha}}_{\tau}$  with  $\mathcal{P}^{\alpha}_{\tau}$  defined by  $\mathcal{P}^{\alpha}_{\tau}\mu = \arg\min_{\pi \in \Pi} D^{\alpha}(\mu || \pi) ,$  (15)

where  $D^{\alpha}$  is the  $\alpha$ -divergence or Rényi divergence of order  $\alpha$ .

*Proof.* We now show that  $\pi^*$  is the fixed point of  $\mathcal{P}^{\alpha}_{\tau} \circ \mathcal{I}^{\alpha}_{\tau}$ . The minimizer of  $d^{\alpha}$  with respect to its second argument can be computed through iterative minimization of  $D_{\alpha'}$  for any other nonzero  $\alpha'$  [10]:

$$z_{t+1} = \arg\min_{z} D_{\alpha'} \left( \pi^{\alpha/\alpha'} z_t^{1-\alpha/\alpha'} \Big| \Big| z \right).$$
(38)

In the remainder of this proof, we shall use  $\alpha' = 1$ , leading to

$$z_{t+1} = \arg\min_{z} KL(\pi^{\alpha} z_t^{1-\alpha} || z).$$
(39)

We know that  $\pi^*$  is a stationary point of  $\mathcal{P}^1_{\tau} \circ \mathcal{I}^1_{\tau}$ , i.e.

$$\pi^* = \arg\min_{z} KL(R\pi^*||z).$$
(40)

Hence, we see that, if  $\pi^{\alpha}(\pi^*)^{1-\alpha} = R\pi^*$ , the iterative process described in Eq. 39 initialized with  $z_0 = \pi^*$  will be stationary with  $z_i = \pi^*$  for all *i*. This gives us the form we need for  $\pi = \mathcal{I}_{\tau}^{\alpha}\pi^*$ . Indeed, we must have

$$\pi^{\alpha}(\pi^*)^{1-\alpha} = R\pi^* \tag{41}$$

$$(\mathcal{I}^{\alpha}\pi^{*})^{\alpha}(\pi^{*})^{1-\alpha} = R\pi^{*}$$

$$\tag{42}$$

$$\mathcal{I}^{\alpha}\pi^* = [R(\pi^*)^{\alpha}]^{1/\alpha} \tag{43}$$

$$=R^{1/\alpha}\pi^*\tag{44}$$

$$\mathcal{I}^{\alpha} = (\pi \longrightarrow R^{1/\alpha} \pi). \tag{45}$$

**Proposition 8.** Let  $\alpha \in (0,1)$ . Then  $\pi(\theta^*)$  is a fixed point of  $\mathcal{P}_V^{\alpha} \circ \mathcal{I}_V^{\frac{1}{\alpha}}$  with

$$\mathcal{I}_{V}^{\alpha}\pi = (Q^{\pi})^{\frac{1}{\alpha}}\pi \quad , \quad \mathcal{P}_{V,\pi}^{\alpha}\mu = \arg\min_{z\in\Pi}\sum_{s}d^{\pi}(s)Z_{\mu}^{\pi}(s)D^{\alpha}(\mu||z) \; , \tag{16}$$

where  $Z^{\pi}_{\alpha}(s) = \sum_{a} \pi(a|s)Q^{\pi}(s,a)^{\frac{1}{\alpha}}$  is a normalization constant.

*Proof.* The proof is very similar to that of Proposition 7. We know that  $\pi^*$  is a stationary point of  $\mathcal{P}^1_V \circ \mathcal{I}^1_V$ , i.e.

$$0 = \sum_{s} d^{\pi^*}(s) \sum_{a} \pi^*(a|s) Q^{\pi^*}(s,a) \frac{\partial \log \pi_{\theta}(a|s)}{\partial \theta} \Big|_{\theta = \theta^*}$$
(46)

$$=\sum_{s} d^{\pi^*}(s) \sum_{a} \pi^*(a|s)^{1-\alpha} \left(\pi^*(a|s)Q^{\pi^*}(s,a)^{\frac{1}{\alpha}}\right)^{\alpha} \frac{\partial \log \pi_{\theta}(a|s)}{\partial \theta}\Big|_{\theta=\theta^*}$$
(47)

$$=\sum_{s} d^{\pi^{*}}(s) Z_{\alpha}(s) \nabla_{\theta} KL\left(\left(\pi^{*}(\cdot|s) Q^{\pi^{*}}(s,\cdot)^{\frac{1}{\alpha}}\right)^{\alpha} \pi^{*}(a|s)^{1-\alpha} \left| \left| \pi \right) \right|_{\pi=\pi^{*}}, \quad (48)$$

where  $Z_{\alpha}(s) = \sum_{a} \pi^{*}(\cdot|s)Q^{\pi^{*}}(s,\cdot)^{\frac{1}{\alpha}}$  is the normalization constant. Hence, each iteration of Eq. 39 will leave  $\pi^{*}$  unchanged.

Hence, we see that, if  $\pi^{\alpha}(\pi^*)^{1-\alpha} = R\pi^*$ , the iterative process described in Eq. 39 initialized with  $z_0 = \pi^*$  will be stationary with  $z_i = \pi^*$  for all *i*. This gives us the form we need for  $\pi = \mathcal{I}^{\alpha}\pi^*$ . Indeed, we must have

$$\pi^{\alpha}(\pi^*)^{1-\alpha} = Q\pi^* \tag{49}$$

$$(\mathcal{I}^{\alpha}\pi^{*})^{\alpha}(\pi^{*})^{1-\alpha} = Q\pi^{*}$$

$$\tag{50}$$

$$\mathcal{I}^{\alpha}\pi^* = [Q(\pi^*)^{\alpha}]^{1/\alpha} \tag{51}$$

$$=Q^{1/\alpha}\pi^* \tag{52}$$

$$\mathcal{I}^{\alpha} = (\pi \longrightarrow Q^{1/\alpha} \pi). \tag{53}$$

### **E** Lower bounds

### E.1 Trajectory formulation

We state here the proposition for the trajectory formulation.

**Proposition 10** (Trajectory formulation). For any two distributions  $\pi$  and  $\mu$ , we have

$$J(\pi) \ge J(\mu) \left( 1 - KL(\mathcal{I}_{\tau}\mu||\pi) + KL(\mathcal{I}_{\tau}\mu||\mu) \right).$$
(54)

Hence, any policy  $\pi$  such that  $KL(\mathcal{I}_{\tau}\pi_t || \pi) < KL(\mathcal{I}_{\tau}\pi_t || \pi_t)$  implies  $J(\pi) > J(\pi_t)$ .

*Proof.* Let  $\pi$  and  $\mu$  be two arbitrary distributions over trajectories such that the support of  $\pi$  is included in that of  $\mu$ . Then

$$J(\pi) = \int_{\tau} R(\tau)\pi(\tau) \, d\tau \tag{55}$$

$$= \int_{\tau} R(\tau) \frac{\pi(\tau)}{\mu(\tau)} \mu(\tau) \, d\tau \tag{56}$$

$$\geq \int_{\tau} R(\tau) \left( 1 + \log \frac{\pi(\tau)}{\mu(\tau)} \right) \mu(\tau) \, d\tau \tag{57}$$

$$= \int_{\tau} R(\tau)\mu(\tau) \ d\tau + \int_{\tau} R(\tau)\mu(\tau)\log\pi(\tau) \ d\tau - \int_{\tau} R(\tau)\mu(\tau)\log\mu(\tau) \ d\tau \qquad (58)$$

$$= J(\mu) - J(\mu)KL(R\mu||\pi) + J(\mu)KL(R\mu||\mu)$$
(59)

$$J(\pi) \ge J(\mu) \left( 1 - KL(R\mu||\pi) + KL(R\mu||\mu) \right).$$
(60)

#### E.2 State-action formulation

To prove that minimizing Eq. 7 is equivalent to maximizing a lower bound on the expected return J, we shall show that this function has the same gradient as a lower bound  $J_{\mu}$  on J and thus only differs by a constant.

**Proposition 11.** Let us define  $J_{\mu}$  as

$$J_{\mu}(\pi) = \sum_{h=0}^{H} \gamma^{h} \int_{\tau} r(s_{h}, a_{h}) \left( 1 + \log \frac{\pi_{h}(\tau_{h})}{\mu_{h}(\tau_{h})} \right) \mu(\tau) \, d\tau \,, \tag{61}$$

where H is the horizon (which can be infinite),  $\tau_h$  is the trajectory of length h that is a prefix of the full trajectory  $\tau$ , and  $\pi_h(\tau_h)$  (resp.  $\mu_h(\tau_h)$ ) is the total probability mass of trajectories with prefix  $\tau_h$  under policy  $\pi$  (resp.  $\mu$ ).

Then we have  $J_{\mu}(\pi) \leq J(\pi)$  for any  $\mu$  and any  $\pi$  such that the support of  $\mu$  covers that of  $\pi$ .

Proof. We can rewrite

$$J(\pi) = \int_{\tau} R(\tau)\pi(\tau) d\tau$$
(62)

$$= \int_{\tau} \left( \sum_{h=0}^{H} \gamma^{h} r(s_{h}, a_{h}) \right) \pi(\tau) \, d\tau \tag{63}$$

$$=\sum_{h=0}^{H}\gamma^{h}\int_{\tau}r(s_{h},a_{h})\pi(\tau)\ d\tau$$
(64)

$$=\sum_{h=0}^{H}\gamma^{h}\int_{\tau}r(s_{h},a_{h})\pi_{h}(\tau_{h}) d\tau.$$
(65)

Then, using the same technique as for the trajectory formulation, we have

$$J(\pi) = \sum_{h=0}^{H} \gamma^h \int_{\tau} r(s_h, a_h) \frac{\pi_h(\tau_h)}{\mu_h(\tau_h)} \mu_h(\tau_h) d\tau$$
(66)

$$\geq \sum_{h=0}^{H} \gamma^h \int_{\tau} r(s_h, a_h) \left( 1 + \log \frac{\pi_h(\tau_h)}{\mu_h(\tau_h)} \right) \mu_h(\tau_h) \, d\tau \tag{67}$$

$$=\sum_{h=0}^{H}\gamma^{h}\int_{\tau}r(s_{h},a_{h})\left(1+\log\frac{\pi_{h}(\tau_{h})}{\mu_{h}(\tau_{h})}\right)\mu(\tau)\ d\tau$$
(68)

$$=J_{\mu}(\pi). \tag{69}$$

Then we can prove the following proposition:

**Proposition 6.** For any two policies  $\pi$  and  $\mu$  such that the support of  $\mu$  covers that of  $\pi$ , we have

$$J(\pi) \ge J(\mu) + \mathbb{E}_{\mu}[V^{\mu}(s)][D_{\mu}(\mathcal{I}_{V}\mu||\mu) - D_{\mu}(\mathcal{I}_{V}\mu||\pi)]$$
(13)

$$= J(\mu) + \sum_{s} d^{\mu}(s) \sum_{a} Q^{\mu}(s, a) \mu(a|s) \log \frac{\pi(a|s)}{\mu(a|s)} .$$
(14)

Hence, any policy  $\pi$  such that  $D_{\pi_t}(\mathcal{I}_V \pi_t || \pi) < D_{\pi_t}(\mathcal{I}_V \pi_t || \pi_t)$  implies  $J(\pi) > J(\pi_t)$ .

*Proof.* Since  $J_{\mu}$  is a lower bound on J, by Proposition 11, we prove that its gradient is the same as that of

$$\nabla_{\theta} J_{\mu}(\pi) = \nabla_{\theta} \left( \sum_{h=0}^{H} \gamma^{h} \int_{\tau} r(s_{h}, a_{h}) \left( 1 + \log \frac{\pi_{h}(\tau_{h})}{\mu_{h}(\tau_{h})} \right) \mu(\tau) \, d\tau \right)$$
(70)

$$=\sum_{h=0}^{H}\gamma^{h}\int_{\tau}r(s_{h},a_{h})\nabla_{\theta}\log\pi_{h}(\tau_{h})\mu(\tau)\ d\tau$$
(71)

$$=\sum_{h=0}^{H}\gamma^{h}\int_{\tau}r(s_{h},a_{h})\left(\sum_{h'=0}^{h}\nabla_{\theta}\log\pi(a_{h'}|s_{h'})\right)\mu(\tau)\ d\tau\tag{72}$$

$$=\sum_{\substack{h'=0\\H}}^{H} \int_{\tau} \nabla_{\theta} \log \pi(a_{h'}|s_{h'}) \left(\sum_{\substack{h=h'\\h=h'}}^{H} \gamma^{h} r(s_{h}, a_{h})\right) \mu(\tau) d\tau$$
(73)

$$=\sum_{\substack{h'=0\\H}}^{H}\sum_{s}\sum_{a}\nabla_{\theta}\log\pi(a|s)d_{\mu}^{h'}(s)\mu(a|s)\gamma^{h'}Q^{\mu}(s,a)$$
(74)

$$=\sum_{h'=0}^{H} \gamma^{h'} \sum_{s} d_{\mu}^{h'}(s) \sum_{a} \nabla_{\theta} \log \pi(a|s) \mu(a|s) \gamma^{h'} Q^{\mu}(s,a)$$
(75)

$$=\sum_{s} d^{\mu}(s) \sum_{a} Q^{\mu}(s,a) \mu(a|s) \nabla_{\theta} \log \pi(a|s)$$
(76)

$$= \nabla_{\theta} \left( -\sum_{s} d^{\mu}(s) V^{\mu}(s) K L(Q^{\mu} \mu || \pi) \right).$$
(77)

Hence these two functions only differ by a constant. Using  $J_{\pi}(\pi) = \pi$ , we identify the constant as being  $J(\mu) + \mathbb{E}_{\mu}[V^{\mu}(s)]D_{\mathcal{I}_{\mu}}(\mu)$ .

### **F** Experimental Details

We reiterate the details of our didactic empirical study in the four-room domain [22]. An agent starts in the lower-left corner and seeks to reach the upper-right corner; upon entering the goal state, the agent receives a reward of +1 and terminates the episode. The policy is parameterized by softmax probabilities,  $\pi_{\theta}(a|s) = \frac{\exp(\theta_a)}{\sum_{a \in \mathcal{A}} \exp(\theta_a)}$  for  $\theta \in \mathbb{R}^{|\mathcal{A}|}$ , where all states share the same parameters. As with our analysis, these experiments compute gradients and operators exactly; in practice, stochasticity from sampling and approximate value estimation can affect the resultant performance. In Figure F.2, we plot policies in the sub-segment { $[0.1, 0.8t, 0.8(1 - t), 0.1] : t \in [0, 1]$ }, denoting the probability of taking the down, left, up, and right actions respectively.

The linear approximation of conservative policy iteration (CPI) [5] presented in Fig. F.2 does not include the quadratic term in  $\alpha$  necessary to maintain the lower bound property (see Theorem 1 of [18]) as this term can be made arbitrarily large by setting  $\gamma$  arbitrarily close to 1. This makes algorithms like TRPO very conservative when optimizing the lower bound, leading them to optimize relaxations instead.

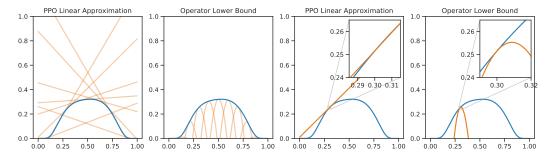


Figure F.2: We visualize the true objective  $J(\pi)$ , the operator lower bound (Proposition 6), and the linear approximation optimized by TRPO and PPO on a 1d subspace of the policy space for the four-room domain (details in Appendix F). On the left, we plot the auxiliary objectives corresponding to different choices of sampling  $\pi_t$ . On the right, the objectives are plotted locally around  $\pi_t$ .

#### F.1 Multi-step operators with line search

Proposition 6 implies that the single-step improvement operator converges to a desired solution by demonstrating that it fully minimizes a lower bound on the expected return. As partial minimization of this lower-bound also implies convergence, we propose a line-search approach that chooses the minimum  $\alpha$  under which the lower-bound is optimized. Specifically, letting  $L_{\mu}(\pi)$  be the lower bound in Proposition 6, we choose the lowest alpha such that

$$L_{\mu}(\mu) - L_{\mu}(\mathcal{PI}^{\alpha}\mu) \ge \frac{1}{2} \left( L_{\mu}(\mu) - L_{\mu}(\mathcal{PI}^{1}\mu) \right)$$
(78)