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# Mitigating Over-smoothing in Transformers via Regularized Nonlocal Functionals

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## Abstract

1 Transformers have achieved remarkable success in a wide range of natural language  
2 processing and computer vision applications. However, the representation capacity  
3 of a deep transformer model is degraded due to the over-smoothing issue in which  
4 the token representations become identical when the model’s depth grows. In this  
5 work, we show that self-attention layers in transformers minimize a functional  
6 which promotes smoothness, thereby causing token uniformity. We then propose  
7 a novel regularizer that penalizes the norm of the difference between the smooth  
8 output tokens from self-attention and the input tokens to preserve the fidelity of  
9 the tokens. Minimizing the resulting regularized energy functional, we derive  
10 the Neural Transformer with a Regularized Nonlocal Functional (NeuTRENO),  
11 a novel class of transformer models that can mitigate the over-smoothing issue.  
12 We empirically demonstrate the advantages of NeuTRENO over the baseline  
13 transformers and state-of-the-art methods in reducing the over-smoothing of token  
14 representations on various practical tasks, including object classification, image  
15 segmentation, and language modeling.

## 16 1 Introduction

17 Transformer models [50] have achieved substantial success in natural language processing [15, 1, 12,  
18 9, 37, 3, 5, 13], reinforcement learning [8, 24], computer vision [17, 30, 48, 38, 34, 2, 31, 59, 22], and  
19 other practical applications [39, 25, 58, 21, 54]. Transformers also excel at transferring knowledge  
20 from pre-trained models to new tasks, even when limited supervision is available [35, 36, 15, 57, 29].  
21 At the heart of transformers lies the self-attention mechanism, which computes a weighted average of  
22 token representations within a sequence. These weights are determined based on the similarity scores  
23 between pairs of tokens, determining their relative importance in the sequence [10, 33, 28]. This  
24 flexibility in capturing diverse syntactic and semantic relationships has been identified as a crucial  
25 factor contributing to the success of transformers [46, 51, 11, 52, 23].

### 26 1.1 Background: Self-Attention

27 For a given input sequence  $\mathbf{X} := [\mathbf{x}(1), \dots, \mathbf{x}(N)]^\top \in \mathbb{R}^{N \times D_x}$  of  $N$  feature vectors, self-attention  
28 transforms  $\mathbf{X}$  into the output sequence  $\mathbf{H}$  in the following two steps:

29 **Step 1.** The input sequence  $\mathbf{X}$  is projected into the query matrix  $\mathbf{Q}$ , the key matrix  $\mathbf{K}$ , and the value  
30 matrix  $\mathbf{V}$  via three linear transformations

$$\mathbf{Q} = \mathbf{X}\mathbf{W}_Q^\top; \mathbf{K} = \mathbf{X}\mathbf{W}_K^\top; \mathbf{V} = \mathbf{X}\mathbf{W}_V^\top, \quad (1)$$

31 where  $\mathbf{W}_Q, \mathbf{W}_K \in \mathbb{R}^{D_{qk} \times D_x}$ , and  $\mathbf{W}_V \in \mathbb{R}^{D \times D_x}$  are the weight matrices. We denote  $\mathbf{Q} :=$   
32  $[\mathbf{q}(1), \dots, \mathbf{q}(N)]^\top$ ,  $\mathbf{K} := [\mathbf{k}(1), \dots, \mathbf{k}(N)]^\top$ , and  $\mathbf{V} := [\mathbf{v}(1), \dots, \mathbf{v}(N)]^\top$ , where the vectors  
33  $\mathbf{q}(i)$ ,  $\mathbf{k}(i)$ , and  $\mathbf{v}(i)$ , for  $i = 1, \dots, N$  are the query, key, and value vectors, respectively.

34 **Step 2.** The output sequence  $\mathbf{U} := [\mathbf{u}(1), \dots, \mathbf{u}(N)]^\top \in \mathbb{R}^{N \times D_{qk}}$  is then computed as follows

$$\mathbf{U} = \text{softmax}\left(\frac{\mathbf{Q}\mathbf{K}^\top}{\sqrt{D_{qk}}}\right)\mathbf{V} := \mathbf{A}\mathbf{V}, \quad (2)$$

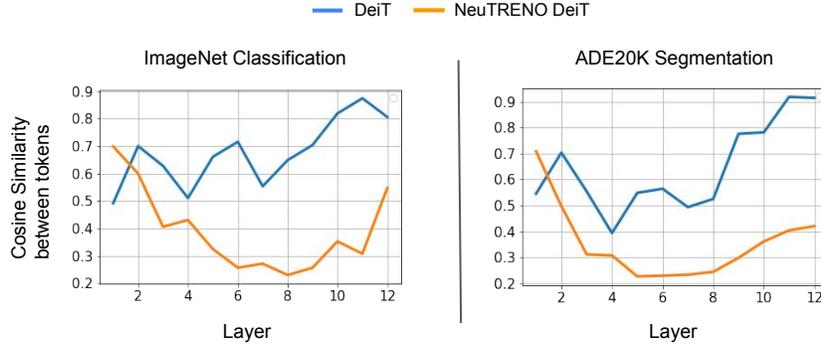


Figure 1: The cosine similarity between tokens representations across layers of NeuTRENO DeiT vs. the baseline DeiT models on the Imagenet classification and ADE20K image segmentation tasks. In both tasks, the DeiT baseline suffers from over-smoothing as tokens become similar to identical when the model gets deeper. In contrast, tokens in NeuTRENO models are significantly more diverse, suggesting a reduction in over-smoothing. Further details regarding this analysis can be found in Appendix E.

35 where the softmax function is applied to each row of the matrix  $\mathbf{Q}\mathbf{K}^\top / \sqrt{D_{qk}}$ . The matrix  $\mathbf{A} :=$   
 36  $\text{softmax}\left(\frac{\mathbf{Q}\mathbf{K}^\top}{\sqrt{D_{qk}}}\right) \in \mathbb{R}^{N \times N}$  and its component  $a_{ij}$  for  $i, j = 1, \dots, N$  are called the attention  
 37 matrix and attention scores, respectively. For each query vector  $\mathbf{q}(i)$  for  $i = 1, \dots, N$ , an equivalent  
 38 form of Eqn. (2) to compute the output vector  $\mathbf{u}(i)$  is given by

$$\mathbf{u}(i) = \sum_{j=1}^N \text{softmax}\left(\mathbf{q}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right) \mathbf{v}(j). \quad (3)$$

39 The self-attention computed by Eqn. (2) and (3) is referred as softmax attention. In our work, we refer  
 40 to a transformer that uses softmax attention as a softmax transformer.

## 41 1.2 Over-smoothing in Transformers

42 Despite their remarkable success, deep transformer-based models have been observed to suffer from  
 43 the over-smoothing issue, in which all token representations become identical when more layers  
 44 are added to the models [44, 53, 16]. This over-smoothing phenomenon, also known as the “token  
 45 uniformity” problem, significantly limits the representation capacity of transformers. To illustrate  
 46 this phenomenon, we examine the average cosine similarity between pairs of token representations  
 47 across different layers in a softmax transformer trained for the Imagenet object classification and  
 48 ADK20 image segmentation tasks [61]. As depicted in Fig. 1, in both tasks, this cosine similarity  
 49 between tokens increases as the models become deeper. Particularly, in the last two layers, the cosine  
 50 similarity scores are approximately 0.9, indicating a high degree of similarity among tokens.

## 51 1.3 Contribution

52 We develop a nonlocal variational denoising framework for self-attention, providing insights into the  
 53 over-smoothing phenomenon in transformers. In particular, by viewing self-attention as a gradient  
 54 descent step toward minimizing a nonlocal functional that penalizes high-frequency noise in the  
 55 signal, we uncover the diffusive nature of self-attention, which explains the over-smoothing issue of  
 56 transformers. Motivated by this understanding, we propose the Neural Transformer with a Regularized  
 57 Nonlocal Functional (NeuTRENO), a novel class of transformers designed to mitigate over-smoothing.  
 58 NeuTRENO is derived by optimizing a regularized nonlocal functional, which includes an additional  
 59 convex fidelity term. This fidelity term penalizes the norm of the difference between the smooth  
 60 output tokens from self-attention and the input tokens, thereby reducing the over-smoothing effect.  
 61 Our contribution is three-fold.

- 62 1. We develop a nonlocal variational denoising framework for self-attention and shed light on  
 63 the over-smoothing issue that hampers the representation capacity of transformers.
- 64 2. We develop NeuTRENO, a novel class of transformers that are capable of alleviating the  
 65 over-smoothing issue.
- 66 3. We theoretically prove that transformers with softmax self-attention are prone to over-  
 67 smoothing while NeuTRENO can avoid this issue.

68 We empirically demonstrate the benefits of NeuTRENO on various large-scale applications, including  
 69 the ImageNet object classification, ADE20K image segmentation, and WikiText-103 language  
 70 modeling tasks.

71 **Organization:** We organize our paper as follows: in Section 2, we develop a nonlocal variational  
 72 denoising framework for self-attention and provide an explanation for the over-smoothing issue in  
 73 transformer-based models. In section 3, we propose NeuTRENO, and present a theoretical result  
 74 that guarantees NeuTRENO’s capability of mitigating over-smoothing. In Section 4, we empirically  
 75 validate the benefits of NeuTRENO. We discuss the related work in Section 6. Finally, we conclude  
 76 our main contributions and remarks. Further results, details, and proofs are provided in the Appendix.

## 77 2 A Nonlocal Variational Denoising Framework for Self-attention

78 We first consider the output matrix  $\mathbf{U} := [\mathbf{u}(1), \dots, \mathbf{u}(N)]^\top \in \mathbb{R}^{N \times D}$  in self-attention as given by  
 79 Eqn. 2 in Section 1.1. Let  $\Omega \subset \mathbb{R}$ ,  $x \in \Omega$ , and  $\mathbf{u}(x) := [u_1(x), \dots, u_D(x)]^\top$  be a real vector-valued  
 80 function,  $\mathbf{u} : \Omega \rightarrow \mathbb{R}^D$ ,  $\mathbf{u} \in L^2(\Omega)$ . The output matrix  $\mathbf{U}$  in self-attention discretizes the function  
 81  $\mathbf{u}(x)$  on a 1-D grid. In the context of signal/image denoising,  $\mathbf{U}$  can be considered as the *desired*  
 82 *clean signal*, and  $\mathbf{u}(x)$  is its corresponding intensity function denoting the signal values at the position  
 83  $x \in \Omega$ . We further let the observed intensity function  $\mathbf{f}(x)$  denote the values of the *observed noisy*  
 84 *signal* at  $x \in \Omega$ ,  $\mathbf{f} : \Omega \rightarrow \mathbb{R}^D$ ,  $\mathbf{f} \in L^2(\Omega)$ . For example,  $\mathbf{f}(x)$  can be given as

$$\mathbf{f}(x) = \mathbf{u}(x) + \mathbf{n}(x), \quad (4)$$

85 where  $\mathbf{n}$  is the additive noise. We wish to reconstruct  $\mathbf{u}(x)$  from  $\mathbf{f}(x)$ . Following the variational  
 86 denoising method proposed in [19] and [20], the denoised image  $\mathbf{u}(x)$  can be obtained by minimizing  
 87 the following regularized functional with respect to  $\mathbf{u}$ :

$$E(\mathbf{u}, \mathbf{f}) = J(\mathbf{u}) + G(\mathbf{u}, \mathbf{f}) \quad (5)$$

$$= \frac{1}{2} \int_{\Omega \times \Omega} \|\mathbf{u}(x) - \mathbf{u}(y)\|_2^2 k(x, y) dx dy + \frac{\lambda}{2} \int_{\Omega} \|\mathbf{u}(x) - \mathbf{f}(x)\|_2^2 dx.$$

88 Here,  $J(\mathbf{u}) = \frac{1}{2} \int_{\Omega \times \Omega} \|\mathbf{u}(x) - \mathbf{u}(y)\|_2^2 k(x, y) dx dy$  is a nonlocal functional of weighted differences.  
 89 The weights  $k(x, y)$  represent the affinity between signal values at positions  $x$  and  $y$ . For example,  
 90 for images,  $k(x, y)$  captures the proximity between pixels  $x$  and  $y$  in the image.  $J(\mathbf{u})$  works as a  
 91 regularizer. Minimizing  $J(\mathbf{u})$  promotes the smoothness of  $\mathbf{u}$  and penalizes high-frequency noise in  
 92 the signal. Adding the convex fidelity term  $G(\mathbf{u}, \mathbf{f}) = \frac{\lambda}{2} \int_{\Omega} \|\mathbf{u}(x) - \mathbf{f}(x)\|_2^2 dx$  to the functional  
 93  $J(\mathbf{u})$  allows the denoised signal  $\mathbf{u}(x)$  to preserve relevant information in the observed noisy signal  
 94  $\mathbf{f}(x)$ . The regularized functional  $E(\mathbf{u}, \mathbf{f})$  can be considered as an energy functional.

### 95 2.1 Self-attention as a Gradient Descent Step to Minimize the Nonlocal Functional $J$

96 We show that self-attention is equivalent to taking a gradient descent step toward minimizing the  
 97 functional  $J(\mathbf{u})$  in the energy functional  $E(\mathbf{u}, \mathbf{f})$ . We expand  $J(\mathbf{u})$  as follows

$$J(\mathbf{u}) = \frac{1}{2} \int_{\Omega \times \Omega} \sum_{j=1}^D (u_j(x) - u_j(y))^2 k(x, y) dx dy \quad (6)$$

98 The gradient of  $J$  with respect to  $\mathbf{u}$  is then given by

$$\nabla_{\mathbf{u}} J(\mathbf{u}) = \left[ \frac{\partial J}{\partial u_1}, \frac{\partial J}{\partial u_2}, \dots, \frac{\partial J}{\partial u_D} \right]^T. \quad (7)$$

99 The partial derivative  $\partial J / \partial u_j$ ,  $j = 1, 2, \dots, D$ , is defined through its dot product with an arbitrary  
 100 function  $h_j \in L^2(\Omega)$  as follows

$$\begin{aligned} \frac{\partial J}{\partial u_j} \cdot h_j(x) &= \frac{d}{d\tau} J(u_j + \tau h_j) \Big|_{\tau=0} \\ &= \frac{1}{2} \left( \frac{d}{d\tau} \int_{\Omega \times \Omega} (u_j(x) - u_j(y) + \tau h_j(x) - \tau h_j(y))^2 k(x, y) dx dy \right) \Big|_{\tau=0} \\ &= \left( \int_{\Omega \times \Omega} (u_j(x) - u_j(y) + \tau h_j(x) - \tau h_j(y))(h_j(x) - h_j(y)) k(x, y) dx dy \right) \Big|_{\tau=0} \\ &= \int_{\Omega \times \Omega} (u_j(x) - u_j(y))(h_j(x) - h_j(y)) k(x, y) dx dy \\ &= \int_{\Omega \times \Omega} (u_j(x) - u_j(y)) h_j(x) k(x, y) dx dy - \int_{\Omega \times \Omega} (u_j(x) - u_j(y)) h_j(y) k(x, y) dx dy \end{aligned}$$

101 Applying a change of variables  $(x, y) \rightarrow (y, x)$  to the second term of the above integral, we have

$$\begin{aligned} \frac{\partial J}{\partial u_j} \cdot h_j(x) &= \int_{\Omega \times \Omega} (u_j(x) - u_j(y)) h_j(x) k(x, y) dx dy - \int_{\Omega \times \Omega} (u_j(y) - u_j(x)) h_j(x) k(y, x) dx dy \\ &= \int_{\Omega \times \Omega} (u_j(x) - u_j(y)) (k(x, y) + k(y, x)) dy h_j(x) dx \end{aligned}$$

102 Thus, the Frechet derivative of  $J$  with respect to  $u_j$  is given by

$$\frac{\partial J}{\partial u_j} = \int_{\Omega} (u_j(x) - u_j(y)) (k(x, y) + k(y, x)) dy. \quad (8)$$

103 Substituting the formula for  $\partial J / \partial u_j$  in Eqn. 8 into Eqn. 7 for  $\nabla_{\mathbf{u}} J(\mathbf{u})(x)$ , we obtain the following  
104 gradient flow

$$\frac{d\mathbf{u}(x, t)}{dt} = -\nabla_{\mathbf{u}} J(\mathbf{u}) = \int_{\Omega} (\mathbf{u}(y, t) - \mathbf{u}(x, t)) (k(x, y) + k(y, x)) dy, \quad (9)$$

105 where  $t$  is the time variable we introduce to capture the dynamics of  $\mathbf{u}$  when gradient descent is applied  
106 to minimize  $J(\mathbf{u})$ . Let  $\mathbf{v}(x) := [v_1(x), \dots, v_D(x)]^T$  be a real vector-valued function,  $\mathbf{v} : \Omega \rightarrow \mathbb{R}^D$ ,  
107  $\mathbf{v} \in L^2(\Omega)$ . We discretize  $\mathbf{v}(x)$  on a 1-D grid to attain the value vectors  $\mathbf{v}(1), \dots, \mathbf{v}(N) \in \mathbb{R}^D$ ,  
108 which form the value matrix  $\mathbf{V} := [\mathbf{v}(1), \dots, \mathbf{v}(N)]^T \in \mathbb{R}^{N \times D}$  in self-attention as defined in  
109 Eqn. 2. We initialize  $\mathbf{u}$  at  $t = 0$  with  $\mathbf{v}(x)$ , i.e.,  $\mathbf{u}(x, 0) = \mathbf{v}(x)$ .

110 **Self-attention is an Euler Discretization of the Gradient Flow Given in 9.** We discretize the gradi-  
111 ent flow in Eqn. 9 using the Euler method [18] with step size  $\Delta t(x) = 1 / \int_{\Omega} (k(x, y) + k(y, x)) dy$   
112 and obtain the following update

$$\begin{aligned} \mathbf{u}(x, \Delta t(x)) &= \mathbf{u}(x, 0) + \Delta t(x) \int_{\Omega} (\mathbf{u}(y, 0) - \mathbf{u}(x, 0)) (k(x, y) + k(y, x)) dy \\ &= \int_{\Omega} \frac{(k(x, y) + k(y, x)) \mathbf{u}(y, 0)}{\int_{\Omega} (k(x, y') + k(y', x)) dy'} dy = \int_{\Omega} \frac{K(x, y) \mathbf{v}(y)}{\int_{\Omega} K(x, y') dy'} dy. \end{aligned} \quad (10)$$

113 Here,  $K(x, y) := k(x, y) + k(y, x)$  is a symmetric kernel and  $\mathbf{u}(y, 0) = \mathbf{v}(y)$  since  $\mathbf{u}$  is initialized at  
114  $t = 0$  with  $\mathbf{v}$  as aforementioned. Let  $\mathbf{k}(x) := [k_1(x), \dots, k_{D_{qk}}(x)]^T$  be a real vector-valued function,  
115  $\mathbf{k} : \Omega \rightarrow \mathbb{R}^{D_{qk}}$ ,  $\mathbf{k} \in L^2(\Omega)$ . Similar to  $\mathbf{u}(x)$  and  $\mathbf{v}(x)$ , we can discretize  $\mathbf{k}(x)$  on a 1-D grid to attain  
116 the key vectors  $\mathbf{k}(1), \dots, \mathbf{k}(N) \in \mathbb{R}^{D_{qk}}$ , which form the key matrix  $\mathbf{K} := [\mathbf{k}(1), \dots, \mathbf{k}(N)]^T \in$   
117  $\mathbb{R}^{N \times D_{qk}}$  in self-attention as defined in Eqn. 2. We choose  $K(x, y) = \exp(\mathbf{k}(x)^T \mathbf{k}(y) / \sqrt{D_{qk}})$  and  
118 rewrite Eqn. 10 as follows

$$\mathbf{u}(x, \Delta t(x)) = \int_{\Omega} \frac{\exp(\mathbf{k}(x)^T \mathbf{k}(y) / \sqrt{D_{qk}})}{\int_{\Omega} \exp(\mathbf{k}(x)^T \mathbf{k}(y') / \sqrt{D_{qk}}) dy'} \mathbf{v}(y) dy. \quad (11)$$

119 Estimating the integrals in Eqn. 11 via Monte-Carlo approximation using the key vectors  
120  $\mathbf{k}(1), \dots, \mathbf{k}(N) \in \mathbb{R}^{D_{qk}}$  and value vectors  $\mathbf{v}(1), \dots, \mathbf{v}(N) \in \mathbb{R}^D$ , we obtain

$$\mathbf{u}(x, \Delta t(x)) \approx \sum_{j=1}^N \frac{\exp(\mathbf{k}(x)^T \mathbf{k}(j) / \sqrt{D_{qk}})}{\sum_{j'=1}^N \exp(\mathbf{k}(x)^T \mathbf{k}(j') / \sqrt{D_{qk}})} \mathbf{v}(j). \quad (12)$$

121 Discretizing  $\mathbf{u}(x, \Delta t(x))$  on another 1-D grid, we attain

$$\begin{aligned} \mathbf{u}(i) &\approx \sum_{j=1}^N \frac{\exp(\mathbf{k}(i)^T \mathbf{k}(j) / \sqrt{D_{qk}})}{\sum_{j'=1}^N \exp(\mathbf{k}(i)^T \mathbf{k}(j') / \sqrt{D_{qk}})} \mathbf{v}(j) \\ &= \sum_{j=1}^N \text{softmax}(\mathbf{k}(i)^T \mathbf{k}(j) / \sqrt{D_{qk}}) \mathbf{v}(j), \quad i = 1, \dots, N. \end{aligned} \quad (13)$$

122 Comparing Eqn. 13 and Eqn. 3, we observe that Eqn. 13 implement a symmetric self-attention, in  
123 which the query matrix  $\mathbf{Q}$  and the key matrix  $\mathbf{K}$  are the same, i.e.  $\mathbf{W}_Q = \mathbf{W}_K$  where  $\mathbf{W}_Q$  and  
124  $\mathbf{W}_K$  are the linear projections that map the input sequence  $\mathbf{X}$  into  $\mathbf{Q}$  and  $\mathbf{K}$  as given in Eqn. 1. This  
125 symmetry of the attention scores is desirable in some image processing tasks due to the symmetric  
126 similarities between pixels, but can be relaxed for other tasks. To break the symmetry of attention  
127 scores in Eqn. 13, we replace the key vectors  $\mathbf{k}(i)$  by the query vectors  $\mathbf{q}(i)$ ,  $i = 1, \dots, N$ , to obtain  
128 the exact formula of self-attention given by Eqn. 3. The following theorem summarizes our results:

129 **Theorem 1** (Self-attention as a Gradient Descent Step to Minimize a Nonlocal Functional). *Given*  
130 *the nonlocal functional*  $J(\mathbf{u}) = \frac{1}{2} \int_{\Omega \times \Omega} \|\mathbf{u}(x) - \mathbf{u}(y)\|_2^2 k(x, y) dx dy$  *of a vector-valued function*  
131  $\mathbf{u} : \Omega \rightarrow \mathbb{R}^D$ ,  $\mathbf{u} \in L^2(\Omega)$ , *and let*  $K(x, y) := k(x, y) + k(y, x) = \exp(\mathbf{k}(x)^\top \mathbf{k}(y) / \sqrt{D_{qk}})$ , *where*  
132  $\mathbf{k} : \Omega \rightarrow \mathbb{R}^{D_{qk}}$ ,  $\mathbf{k} \in L^2(\Omega)$ . *Then, taking a gradient descent step on*  $\mathbf{u}$  *at time*  $t = 0$ , *where*  
133  $\mathbf{u}(x, 0) = \mathbf{v}(x)$ , *with an adaptive step size*  $\Delta t(x) := \frac{1}{\int_{\Omega} (k(x, y) + k(y, x)) dy}$  *to minimize*  $J$  *is*  
134 *equivalent to updating*  $\mathbf{u}$  *via a symmetric self-attention*

$$\mathbf{u}(x, \Delta t(x)) = \sum_{j=1}^N \text{softmax}\left(\mathbf{k}(x)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right) \mathbf{v}(j),$$

135 *which results in*

$$\mathbf{u}(i) = \sum_{j=1}^N \text{softmax}\left(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right) \mathbf{v}(j), \quad i = 1, \dots, N. \quad (14)$$

136 *Here,*  $\mathbf{u}(n)$ ,  $\mathbf{v}(n)$ , *and*  $\mathbf{u}(n)$ ,  $n = 1, \dots, N$ , *are the key, value, and output vectors in self-attention,*  
137 *respectively. Breaking the symmetry of the attention scores by replacing*  $\mathbf{k}(i)$  *with*  $\mathbf{q}(i)$ ,  $i = 1, \dots, N$ ,  
138 *in Eqn. 14, we obtain the exact formula of self-attention*

$$\mathbf{u}(i) = \sum_{j=1}^N \text{softmax}\left(\mathbf{q}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right) \mathbf{v}(j), \quad i = 1, \dots, N.$$

139 **Remark 1.** *In Eqn. 9, the change in*  $\mathbf{u}$  *at position*  $x$  *is proportional to the sum of differences between*  
140  $\mathbf{u}(x)$  *and*  $\mathbf{u}$  *at other position in the domain*  $\Omega$ . *In particular, when*  $\mathbf{u}(x)$  *is smaller or larger than the*  
141 *values at other positions, it will increase or decrease, respectively. This is analogous to a diffusion*  
142 *process in which particles or substances move from high-concentration to low-concentration regions.*  
143 *It has been proved that a diffusion process converges to a saturating state in which the concentrations*  
144 *at all positions are the same. This suggests that*  $\mathbf{u}(x)$  *tends to suffer from the over-smoothing issue.*

## 145 2.2 Random Walk Analysis of Over-smoothing

146 The diffusion process and random walk are closely related concepts, as diffusion can be seen as  
147 a collective behavior of numerous random walks performed by individual particles or molecules.  
148 Inspired by the analogy between the dynamics of  $\mathbf{u}$  in Eqn 9 and a diffusion process, as well as the  
149 relationship between diffusion process and random walk, in this section, we show the connection  
150 between the evolution of  $\mathbf{u}$  and a random walk. By adopting a random walk perspective on graph  
151 neural network [47], we demonstrate that  $\mathbf{u}(x)$  under the dynamics given in Eqn 9 suffers from  
152 over-smoothing.

153 Recall from the gradient flow in Eqn 9, by using Euler method discretization, after  $k$  update steps  
154 starting from the initial  $\mathbf{u}(x, 0) = \mathbf{v}(x)$ , with adaptive stepsize  $\Delta t = 1 / \int_{\Omega} (k(x, y) + k(y, x)) dy$ ,  
155 we obtain the following

$$\mathbf{u}(x, k\Delta t(x)) = \int_{\Omega} \frac{K(x, y) \mathbf{u}(y, (k-1)\Delta t(x))}{\int_{\Omega} K(x, y') dy'} dy. \quad (15)$$

157 Discretizing  $\mathbf{u}(x, k\Delta t(x))$  and using Monte-Carlo approximation for the integrals in 15, we attain

$$\mathbf{u}^{(k)}(i) = \sum_{j=1}^N \mathbf{A}_{ij} \mathbf{u}^{(k-1)}(j) \quad (16)$$

158 where  $\mathbf{A}_{ij}$  is computed using the keys and queries as either  $\text{softmax}\left(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right)$  or  
159  $\text{softmax}\left(\mathbf{q}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right)$ . Let  $\{\mathbf{B}^{(k)}(i)\}_{k \in K}$  be a random walk on  $\{\mathbf{v}(i)\}_{i=1}^N$  as defined:

$$\mathbf{B}^{(0)}(i) = \mathbf{v}(i) \quad (17)$$

$$\mathbb{P}(\mathbf{B}^{(k+1)}(l) = \mathbf{v}(j) | \mathbf{B}^{(k)}(l) = \mathbf{v}(i)) = \mathbf{A}_{ij}$$

160 where  $\mathbf{B}^{(k)}(n)$  is the random value of a  $k$ -step walk, starts at node  $n$ , and  $\mathbf{v}(n)$  is the initial value  
161 at node  $n$ , respectively, for  $n = 1, 2, \dots, N$ . The transition probability  $\mathbf{A}$  is defined as above. To  
162 investigate the connection between the update process of  $\mathbf{u}$  and the random walk defined in 17, we  
163 show that, for  $i = 1, 2, \dots, N$ , after  $k$  update steps as in 16, with initial value  $\mathbf{u}^{(0)}(i) = \mathbf{v}(i)$ ,  $\mathbf{u}(i)^{(k)}$   
164 equals to the expected value of the  $k$ -step walk, starting at node  $i$ :

165 **Lemma 1.** Let  $\mathbf{u}^{(k)}(i)$  defined in 16 and  $\{\mathbf{B}^{(k)}(i)\}_{k \in K}$  is the random walk defined by 17. Then  

$$\mathbf{u}^{(k)}(i) = \mathbb{E}[\mathbf{B}^{(k)}(i)]. \quad (18)$$

166 We next present the Lemma 2 which is necessary to show the convergence of  $\mathbf{u}^{(k)}(i)$ .

167 **Lemma 2.** The random walk  $\mathbf{B}^{(k)}(i)$  in 17 with the transition matrix  $\mathbf{A}$  either be  
168  $\mathbf{A}_{ij} = \text{softmax}(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})$  or  $\mathbf{A}_{ij} = \text{softmax}(\mathbf{q}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})$ , has a unique sta-  
169 tionary distribution  $\boldsymbol{\pi} = [\pi_1, \pi_2, \dots, \pi_N]$  such that  $\pi_i := P(\mathbf{B}^{(k)}(j) = \mathbf{v}(i))$ , for  $i, j = 1, 2, \dots, N$ ,  
170  $\sum_{i=1}^N \pi_i = 1$ , and  $\boldsymbol{\pi}^\top = \boldsymbol{\pi}^\top \mathbf{A}$ .

171  
172 If  $\mathbf{A}_{ij} = \text{softmax}(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})$ , the stationary distribution is:

$$\boldsymbol{\pi} = \left( \frac{d_1}{\sum_{j=1}^N d_j}, \frac{d_2}{\sum_{j=1}^N d_j}, \dots, \frac{d_n}{\sum_{j=1}^N d_j} \right), \quad (19)$$

173 where  $d_i = \sum_{j=1}^N \exp(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})$ ,  $\mathbf{k}(1), \mathbf{k}(2), \dots, \mathbf{k}(N)$  are the key vectos.

174  
175 In general,  $\pi_i$  can be found by finding the left eigenvector of  $\mathbf{A}$  corresponding to the domi-  
176 nant eigenvalue 1.

177 From the Lemma 1 and Lemma 2, we see that, for all  $i = 1, 2, \dots, N$ ,

$$\mathbf{u}^{(k)}(i) = \mathbb{E}[\mathbf{B}^{(k)}(i)] = \sum_{j=1}^N \mathbf{v}(j) \mathbb{P}(\mathbf{B}^{(k-1)}(i) = \mathbf{v}(j)) \rightarrow \sum_{j=1}^N \pi_j \mathbf{v}(j) =: \bar{\mathbf{v}}. \quad (20)$$

178 as  $k \rightarrow \infty$ . This shows that when  $k$  increases,  $\mathbf{u}^{(i)}(k)$  converges to a constant vector, indicating that  
179  $\mathbf{u}(x)$ , under the dynamic in 9, suffers from over-smoothing.

### 180 3 NeuTRENO: Mitigating the Over-smoothing in Transformers via 181 Minimizing a Regularized Functional

182 In Section 2.1, we have shown that self-attention implicitly performs a gradient descent step to  
183 minimize the nonlocal functional  $J(\mathbf{u})$  in Eqn. 5, which results in the diffusive characteristics of  $\mathbf{u}$   
184 and causes the over-smoothing phenomenon in transformers, as proved in Section 2.2. Fortunately,  
185 our objective is not to minimize  $J(\mathbf{u})$  but the energy/regularized functional  $E(\mathbf{u}, \mathbf{f})$  defined by  
186 Eqn. 5. This regularized functional consists of not only  $J(\mathbf{u})$  but also the convex fidelity term  
187  $G(\mathbf{u}, \mathbf{f}) = \frac{\lambda}{2} \int_{\Omega} \|\mathbf{u}(x) - \mathbf{f}(x)\|_2^2 dx$ . This fidelity term aims to preserve the relevant information in  
188 the observed noisy signal  $\mathbf{f}(x)$  by penalizing solution  $\mathbf{u}(x)$  that deviates significantly from  $\mathbf{f}(x)$ ,  
189 thereby mitigating the effects of over-smoothing caused by minimizing  $J(\mathbf{u})$ .

190 In this section, we will derive our Neural Transformer with a Regularized Nonlocal Functional  
191 (NeuTRENO) by minimizing the regularized functional  $E(\mathbf{u}, \mathbf{f})$ . We then provide a theoretical result  
192 to prove that NeuTRENO does not suffer from over-smoothing. Recall from Eqn. 5 that  $E(\mathbf{u}, \mathbf{f})$  is  
193 given by

$$E(\mathbf{u}, \mathbf{f}) = J(\mathbf{u}) + G(\mathbf{u}, \mathbf{f}) = J(\mathbf{u}) + \frac{\lambda}{2} \int_{\Omega} \sum_{j=1}^D (u_j(x) - f_j(x))^2 dx$$

194 Following a similar derivation as in Section 2.1 (see Appendix C for the detailed derivation), we  
195 obtain the following gradient flow when minimizing  $E(\mathbf{u}, \mathbf{f})$  using gradient descent

$$\frac{d\mathbf{u}(x, t)}{dt} = -\nabla_{\mathbf{u}} E(\mathbf{u}, \mathbf{f}) = -\nabla_{\mathbf{u}} J(\mathbf{u}) - \lambda(\mathbf{u}(x) - \mathbf{f}(x)), \quad (21)$$

196 **NeuTRENO-attention is an Euler Discretization of the Gradient Flow Given in 21.** Following  
197 the similar derivation in Section 2.1, we discretize the gradient flow in Eqn. 21 using the Euler  
198 method [18] with step size  $\Delta t(x) = 1 / \int_{\Omega} (k(x, y) + k(y, x)) dy$  and initializing  $\mathbf{u}$  at  $t = 0$  with  
199  $\mathbf{v}(x)$ , i.e.,  $\mathbf{u}(x, 0) = \mathbf{v}(x)$ . Choosing  $\lambda = \tilde{\lambda} / \Delta t(x)$ , we obtain the following update

$$\begin{aligned} \mathbf{u}(x, \Delta t(x)) &= \mathbf{u}(x, 0) - \Delta t(x) \nabla_{\mathbf{u}} J - \lambda \Delta t(x) (\mathbf{u}(x, 0) - \mathbf{f}(x)) \\ &= \int_{\Omega} \frac{K(x, y) \mathbf{v}(y)}{\int_{\Omega} K(x, y') dy'} dy + \tilde{\lambda} (\mathbf{f}(x) - \mathbf{v}(x)). \end{aligned} \quad (22)$$

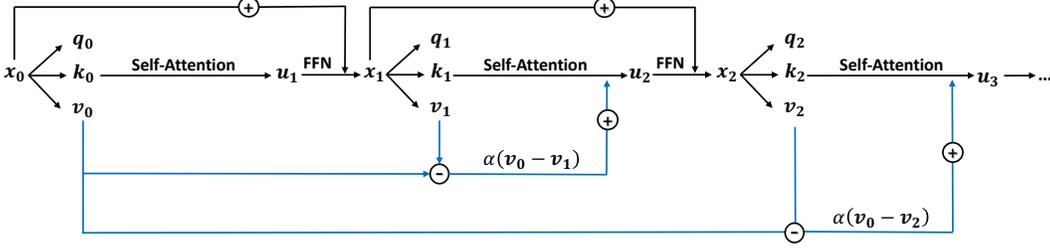


Figure 2: Our proposed NeuTRENO model adds a proportion of the difference between the values of the first and that of the current layer to the self-attention’s output at each layer.

200 We choose the observed noisy signal  $\mathbf{f}(x) = \mathbf{v}^0(x)$  where  $\mathbf{v}^0(x)$  is  $\mathbf{v}(x)$  at the first layer in the  
 201 transformer model. The update in Eqn. 22 becomes

$$\mathbf{u}(x, \Delta t(x)) = \int_{\Omega} \frac{K(x, y)\mathbf{v}(y)}{\int_{\Omega} K(x, y')dy'} dy + \tilde{\lambda}(\mathbf{v}^0(x) - \mathbf{v}(x)). \quad (23)$$

202 Applying the Monte-Carlo method to approximate the integrals in Eqn. 23 and discretizing  
 203  $\mathbf{u}(x, \Delta t(x))$ ,  $\mathbf{v}(x)$ , and  $\mathbf{v}^0(x)$  on a 1-D grid, we attain the following new formula for calculat-  
 204 ing symmetric self-attention:

$$\mathbf{u}(i) = \sum_{j=1}^N \text{softmax}\left(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right) \mathbf{v}(j) + \tilde{\lambda}(\mathbf{v}^0(i) - \mathbf{v}(i)), \quad i = 1, \dots, N. \quad (24)$$

205 Its corresponding asymmetric self-attention is obtained by replacing the key vectors  $\mathbf{k}(i)$  with the  
 206 query vectors  $\mathbf{q}(i)$ ,  $i = 1, \dots, N$ , and given by

$$\mathbf{u}(i) = \sum_{j=1}^N \text{softmax}\left(\mathbf{q}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}\right) \mathbf{v}(j) + \tilde{\lambda}(\mathbf{v}^0(i) - \mathbf{v}(i)), \quad i = 1, \dots, N. \quad (25)$$

207 Leveraging Eqn. 25, we define the Neural Transformer with a Regularized Nonlocal Functional  
 208 (NeuTRENO) as follows.

209 **Definition 1** (Neural Transformer with a Regularized Nonlocal Functional (NeuTRENO)). *Given a*  
 210 *set of key and value vectors  $\{\mathbf{k}^\ell(j), \mathbf{v}^\ell(j)\}_{j=1}^N$  in each layer  $\ell$ ,  $\ell = 1, \dots, L$ , for each query vector*  
 211  *$\mathbf{q}^\ell(i)$ ,  $i = 1, \dots, N$ , in the same layer, the self-attention unit at layer  $\ell$  in a Neural Transformer with*  
 212 *a Regularized Nonlocal Functional (NeuTRENO) computes the corresponding output vector  $\mathbf{u}^\ell(i)$  of*  
 213 *the query  $\mathbf{q}^\ell(i)$  by the following attention formula:*

$$\mathbf{u}^\ell(i) = \sum_{j=1}^N \text{softmax}\left(\mathbf{q}^\ell(i)^\top \mathbf{k}^\ell(j) / \sqrt{D_{qk}}\right) \mathbf{v}^\ell(j) + \tilde{\lambda}(\mathbf{v}^0(i) - \mathbf{v}^\ell(i)), \quad i = 1, \dots, N. \quad (26)$$

214 where  $\mathbf{v}^0(1), \dots, \mathbf{v}^0(N) \in \mathbb{R}^D$  are the value vectors in the first layer of NeuTRENO.

215 Fig. 2 illustrates the architecture of NeuTRENO.

216 **Proposition 1.** *The evolution of  $\mathbf{u}(x)$  under the dynamic in 21 does not converge to a constant vector.*

217 Proposition 1 indicates that our NeuTRENO mitigates the over-smoothing issue, suggesting the  
 218 benefit of our method.

## 219 4 Experimental Results

220 In this section, we empirically demonstrate the advantages of our proposed NeuTRENO approach  
 221 across various tasks, including ImageNet classification [14], ADE20K image segmentation [61],  
 222 and language modeling on the WikiText-103 [32]. Our aim to show: (i) NeuTRENO significantly  
 223 outperforms the transformer baseline with softmax-attention defined in 2 across various tasks;  
 224 moreover, NeuTRENO surpasses FeatScale, a vision transformer that addresses over-smoothing,  
 225 combining NeuTRENO with FeatScale is beneficial; (ii) the advantages of incorporating our proposed  
 226 method with pre-trained models. We also demonstrate the benefits of our NeuTRENO in the symmetry  
 227 setting and we point to Appendix D for the results. Throughout our experiments, we compare the  
 228 performance of our proposed models with baselines of the same configuration. For additional details  
 229 regarding datasets, models, and training procedures, please refer to Appendix A.

Table 1: Top-1 and Top-5 accuracy (%) of NeuTRENO DeiT vs. DeiT on the ImageNet benchmark. We also present the performance of adapting NeuTRENO to the pre-trained DeiT baseline, NeuTRENO Adaptation. In addition, we compare NeuTRENO with FeatScale [53] and incorporate our method with FeatScale model.

Model/Metric	Top-1 Acc (%)	Top-5 Acc (%)
<i>Softmax DeiT</i>	72.17	91.02
NeuTRENO-DeiT	<b>73.01</b>	<b>91.56</b>
NeuTRENO Adaptation	72.63	91.38
<i>DeiT + FeatScale</i>	72.346	91.22
NeuTRENO DeiT + FeatScale	<b>73.23</b>	<b>91.73</b>

Table 2: Single-scale (SS) MIoU and multi-scale MIoU (MS) of the NeuTRENO DeiT vs. the DeiT on the ADE20K image segmentation.

Model/Metric	SS MIoU	MS MIoU (%)
<i>Softmax DeiT</i>	35.72	36.68
NeuTRENO DeiT	<b>37.24</b>	<b>38.06</b>

Table 3: Test and valid perplexity (Test PPL and Valid PPL) on WikiText-103 of NeuTRENO compared to the softmax transformer. Our proposed method achieves a significantly better performance PPL than the baseline.

Method/Metric	Valid PPL	Test PPL
<i>Softmax Transformer</i>	33.15	34.29
NeuTRENO	<b>32.60</b>	<b>33.70</b>

230 **Object classification on ImageNet.** To demonstrate the advantage of our NeuTRENO method, we  
 231 compare it with the DeiT baseline [48] on the ImageNet image classification task. Our NeuTRENO  
 232 DeiT surpasses the DeiT baseline, as shown in Table 1. Notably, our NeuTRENO DeiT achieves  
 233 significantly higher performance in terms of both Top-1 Accuracy and Top-5 Accuracy. We also  
 234 compare our method with FeatScale [53], a vision transformer model addressing over-smoothing (see  
 235 Table 1). Our NeuTRENO significantly outperforms FeatScale, and combining NeuTRENO with  
 236 FeatScale leads to substantial improvements. These results confirm the benefits of our model.

237 **Image Segmentation on ADE20K dataset.** To further validate the advantages of our proposed  
 238 methods, we compare the performance of the Segmenter models [45] using the NeuTRENO DeiT  
 239 and DeiT backbones on the ADE20K image segmentation task [60], as shown in Table 2. The results  
 240 demonstrate the substantial performance improvements achieved by utilizing the NeuTRENO DeiT  
 241 backbone over the DeiT backbone, in terms of both single-scale (SS) MIoU and multi-scale (MS)  
 242 MIoU metrics. These results strongly emphasize the effectiveness of our NeuTRENO approach in  
 243 enhancing image segmentation performance.

244 **Language Model on WikiText-103.** In addition to computer vision tasks, we also evaluate the effective-  
 245 ness of our model on a large-scale natural language processing application, specifically language  
 246 modeling on WikiText-103. Our NeuTRENO language model demonstrates better performance in  
 247 terms of both test perplexity and valid perplexity when compared to the softmax transformer language  
 248 model [56]. These findings, combined with the results obtained across various tasks, empirically  
 249 confirm the significant benefits of our NeuTRENO models.

250 **Combine with pre-trained models.** Furthermore, our proposed method is also beneficial to combine  
 251 with pre-trained models. To empirically demonstrate that we incorporate NeuTRENO with pre-trained  
 252 DeiT and fine-tune on the ImageNet dataset with one-third number of epochs that are used in training.  
 253 The result is presented in Table 1, showing that combined with our method improves both the Top-1  
 254 and Top-5 accuracies of the pre-trained models.

## 255 5 Empirical Analysis

256 **Applying Softmax-Attention Reduces the functional  $J(\mathbf{u})$ .** We present evidence supporting that  
 257 the employment of softmax attention minimizes the functional  $J(\mathbf{u})$ . Initially, we observe that  
 258 the average cosine similarity between the numerical approximation of  $\nabla_{\mathbf{u}} J(\mathbf{u})$  using symmetric  
 259 or asymmetric kernel  $K(x, y)$  for both the trained Sym-DeiT (using symmetric self-attention 14)  
 260 and DeiT models, closed 1, as shown in Table 4. This suggests that reversing the direction of the  
 261 asymmetric approximation effectively decreases  $J(\mathbf{u})$ . Considering that softmax attention takes steps  
 262 in this reversed direction numerically, its application leads to a reduction in  $J(\mathbf{u})$ . This is further  
 263 substantiated by Fig. 3, which demonstrates a decrease in  $J(\mathbf{u})$  as the depth of the trained DeiT  
 264 increases when softmax attention is employed. More details of this analysis are in Appendix E

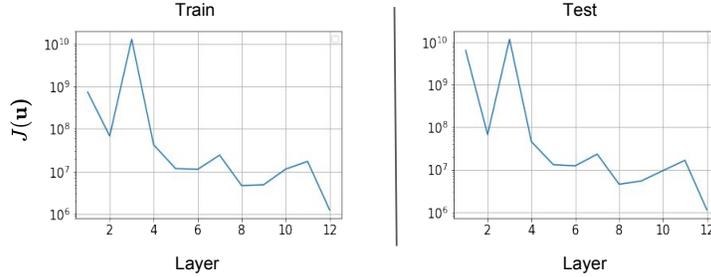


Figure 3: The average value of functional  $J(\mathbf{u})$  over 1000 training (Left) samples and test (Right) samples. When softmax attention is applied, the functional decreases as the depth of the trained DeiT increases.

Table 4: The average cosine similarity between the numerical approximation of  $\nabla J(\mathbf{u})(x)$  using symmetric or asymmetric kernel  $K(x, y)$ , for the trained Sym-DeiT and softmax DeiT models. The metric is evaluated on 1000 training and 1000 test data samples. The average score close to 1 shows a strong alignment between symmetric and asymmetric gradient approximations, suggesting that reversing the direction of the asymmetric approximation effectively reduces the functional  $J(\mathbf{u})$ .

Model	Training data	Test data
Sym-DeiT	0.982	0.976
Softmax DeiT	0.973	0.964

265 **Over-smoothing Analysis.** We empirically illustrate the effectiveness of NeuTRENOs in mitigating  
 266 the over-smoothing problem in transformers. Fig. 1 compares the cosine similarity between token  
 267 representations across layers for both NeuTRENO and softmax baseline models, specifically focusing  
 268 on the Imagenet classification task (Left) and ADE20K image segmentation (Right). The token  
 269 features extracted by NeuTRENOs exhibit significantly lower similarity, particularly in the final layers.  
 270 This finding highlights the ability of NeuTRENOs to address the over-smoothing issue and improve  
 271 the diversity of token representations. We provide more details of this analysis in Appendix E.

## 272 6 Related Work

273 **Over-smoothing in Transformers.** Over-smoothing in deep transformers has been observed in  
 274 various domain and applications from natural language processing [44] to computer vision [53, 16].  
 275 Although this issue substantially limits the representation capacity of the models, causes redundancy,  
 276 and deteriorates models’ performance, research addressing the issue is limited. [44] observes the  
 277 phenomenon in BERT [15], a deep language model, and explores over-smoothing through the graph  
 278 perspective. The work utilizes hierarchical fusion strategies by preserving the output of self-attention  
 279 through all layers, which is memory costly. On the other hand, [53, 16] investigate over-smoothing  
 280 in the image domain through the lens of Fourier spectrum, showing that self-attentions are low-pass  
 281 filters, retaining only low-frequency, causing over-smoothed outputs. Our work is an orthogonal  
 282 explanation of the previous work, providing a variational perspective of the phenomenon and deriving  
 283 the novel NeuTRENO method to overcome over-smoothing.

284 **Nonlocal Functionals for Image Processing.** Total variation [40] is well-known as an image-  
 285 denoising technique. It denoises a noisy image by solving a constraint optimization problem. The  
 286 method is also related to PDE-flow-based image-denoising techniques [20], namely isotropic and  
 287 anisotropic diffusion [55] models. The method is edge preserving, meaning to avoid over-blurring  
 288 edges’ information [6]. Nonlocal functionals [26, 20] is considered as an extension of total variation  
 289 to a nonlocal scale. Nonlocal functional and the edge preservation property are the motivation of our  
 290 work to explain and overcome over-smoothing in transformers.

## 291 7 Concluding Remarks

292 In this paper, we establish a nonlocal variational denoising framework for self-attention. From this  
 293 variational perspective, we explain over-smoothing in self-attention, which hinders the representation  
 294 capacity of transformer models. We also derive the novel Neural Transformer with a Regularized  
 295 Nonlocal Functional (NeuTRENO) to alleviate the over-smoothing. We empirically verify the benefits  
 296 of NeuTRENO with a wide range of large-scale applications including ImageNet object classification,  
 297 ADE20K object segmentation, and WikiText-103 language modeling. A limitation of our paper  
 298 is that the robustness of NeuTRENO to perturbed data has not been addressed. It is interesting to  
 299 explore if regularized nonlocal functional can also help improve the robustness of transformer models.  
 300 We leave this exciting research idea as future work.

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480 **Supplement to “Mitigating Over-smoothing in Transformers via**  
 481 **Regularized Nonlocal Functionals”**

482 We made a typo in Proposition 1 in the main text submission. We provide the corrected version of  
 483 Proposition 1 below and in the main text above.

484 **Proposition 1.** *The evolution of  $\mathbf{u}(x)$  under the dynamic in 21 does not converge to a constant vector.*

485 The proof for Proposition 1 is given in Appendix B.3.

486 We also made a typo in Fig. 2 in our main text submission. The outputs of self-attention in that figure  
 487 should be  $\mathbf{u}_1$ ,  $\mathbf{u}_2$ , and  $\mathbf{u}_3$  instead of  $\mathbf{h}_1$ ,  $\mathbf{h}_2$ , and  $\mathbf{h}_3$ . We have corrected this typo in the main text  
 488 above.

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513 **A Additional Details on the Experiments in Section 4**

514 This section provides datasets, models, and training details for experiments in Section 4. The code to  
 515 reproduce our experimental results is included in our Supplementary Material submission.

516 **A.1 Image Classification on Imagenet**

517 **Datasets and Metrics.** The ImageNet dataset [14, 41] comprises 1.28 million training images and  
 518 50,000 validation images, encompassing the classification of 1000 categories. The evaluation metrics  
 519 used for performance assessment are the top-1 and top-5 accuracies.

520 **Models and Baselines.** Our baseline model is the DeiT-tiny model [48], which consists of  
 521 12 transformer layers, 3 attention heads per layer, and a model dimension of 192. For model  
 522 setting and configuration, we follow [48]. Their implementation is available at  
 523 <https://github.com/facebookresearch/deit>. The  $\tilde{\lambda}$  used for our NeuTRENO method is 0.6.

524 **A.2 Image Segmentation on ADK20 dataset**

525 **Datasets and Metrics.** The ADE20K dataset is recognized for its inclusion of challenging scenes  
 526 with fine-grained labels, making it one of the most demanding semantic segmentation datasets. The  
 527 training set consists of 20,210 images encompassing 150 semantic classes. Additionally, there are  
 528 2,000 images in the validation set and 3,352 images in the test set. This in task the Single-scale mean  
 529 Intersection over Union (SS mIoU) and the Multi-scale (MS mIoU).

530 **Models and baselines.** The training configuration and setting for our models are followed by [45].  
 531 The baseline model is finetuned with the pretrained DeiT-tiny backbone while our segmenter model  
 532 used the pretrained NeuTRENO DeiT-tiny, with  $\tilde{\lambda} = 0.6$ .

533 **A.3 Language Modeling on WikiText-103**

534 **Datasets and Metrics.** The WikiText-103 dataset consists of articles extracted from Wikipedia  
 535 and is specifically designed to capture long contextual dependencies. The training set comprises  
 536 approximately 28,000 articles, totaling 103 million running words. Each article contains text blocks  
 537 consisting of approximately 3,600 words. The validation and test sets contain 218,000 and 246,000  
 538 running words, respectively, with each set consisting of 60 articles and approximately 268,000 words.  
 539 Our experiment follows the standard setting [32, 42], which involves dividing the training data into  
 540 independent long segments of  $L$  words. For evaluation, we employ a batch size of 1 and process  
 541 the text sequence using a sliding window of size  $L$ . When computing perplexity (PPL), we consider  
 542 only the last position, except for the first segment where all positions are evaluated, following the  
 543 approach in [1, 42].

544 **Models and baselines.** For our language modeling implementation, we rely on the publicly available  
 545 code <https://github.com/IDSIA/lmtool-fwp> developed by [42]. In our experiments, we set the dimen-  
 546 sions of keys, values, and queries to 128, while the training and evaluation context length is set to  
 547 256. In this experiment,  $\tilde{\lambda} = 0.4$  yields the best performance of NeuTRENO language model.

548 **B Technical Proofs**

549 **B.1 Proof of Lemma 1**

550 For all  $i = 1, \dots, N$ , we have  $\mathbb{E}[\mathbf{B}^{(0)}(i)] = \mathbf{v}(i)$ . Assume that  $\mathbb{E}[\mathbf{B}^{(k)}(i)] = \mathbf{u}^{(k)}(i)$ , then

$$\begin{aligned}
 \mathbb{E}[\mathbf{B}^{(k+1)}(i)] &= \sum_{j=1}^N \mathbf{v}(j) \mathbb{P}(\mathbf{B}^{(k+1)}(i) = \mathbf{v}(j)) \\
 &= \sum_{j=1}^N \mathbf{v}(j) \sum_{l=1}^N \mathbb{P}(\mathbf{B}^{(k+1)}(i) = \mathbf{v}(j) | \mathbf{B}^{(1)}(i) = \mathbf{v}(l)) \mathbb{P}(\mathbf{B}^{(1)}(i) = \mathbf{v}(l)) \\
 &= \sum_{j=1}^N \mathbf{v}_j \sum_{l=1}^N \mathbb{P}(\mathbf{B}^{(k)}(l) = \mathbf{v}(j)) \mathbb{P}(\mathbf{B}^{(1)}(i) = \mathbf{v}(l) | \mathbf{B}^{(0)}(i) = \mathbf{v}(i)) \\
 &= \sum_{j=1}^N \mathbf{v}(j) \sum_{l=1}^N \mathbf{A}_{il} \mathbb{P}(\mathbf{B}^{(k)}(l) = \mathbf{v}(j)) \\
 &= \sum_{l=1}^N \mathbf{A}_{il} \mathbb{E}[\mathbf{B}^{(k)}(l)] = \sum_{l=1}^N \mathbf{A}_{il} \mathbf{u}^{(k)}(l) \\
 &= \mathbf{u}^{(k+1)}(i).
 \end{aligned}$$

551 Thus, by induction, we obtain the conclusion of the lemma.

552 **B.2 Proof of Lemma 2**

553 Since the transition matrix  $\mathbf{A} \in \mathbb{R}^{N \times N}$  is right-stochastic, its largest eigenvalue is 1 (see Theorem  
554 4.1 in [4]). Also,  $\mathbf{A}$  is a regular positive matrix since its elements are positive. Thus, the Perron-  
555 Frebenius theorem [7] implies the existence of a unique probability distribution  $\boldsymbol{\pi}$ , which is a positive  
556 left eigenvector of the transition matrix  $\mathbf{A}$  associated with its largest eigenvalue 1. In particular, in  
557 the case of symmetricity constraint,  $\boldsymbol{\pi}$  can be chosen as follows

$$\boldsymbol{\pi} = \left( \frac{d_1}{\sum_{j=1}^N d_j}, \frac{d_2}{\sum_{j=1}^N d_j}, \dots, \frac{d_n}{\sum_{j=1}^N d_j} \right),$$

558 where  $d_i = \sum_{j=1}^N \exp(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})$ . It is easy to see that

$$\begin{aligned} \sum_{i=1}^N \pi_i \mathbf{A}_{ij} &= \sum_{i=1}^N \frac{d_i}{\sum_{l=1}^N d_l} \frac{\exp(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})}{d_i} \\ &= \frac{\sum_{i=1}^N \left( \exp(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}}) \right)}{\sum_{l=1}^N d_l} \\ &= \frac{d_j}{\sum_{l=1}^N d_l} = \pi_j. \end{aligned}$$

559 As a consequence,  $\boldsymbol{\pi}$  must be the unique stationary distribution of the random walk  $\{\mathbf{B}^{(k)}(i)\}_{k \in K}$ .  
560 This concludes the proof.

561 **B.3 Proof of Proposition 1**

562 Recall from the gradient flow in Eqn 21, by using the method of Euler discretization, af-  
563 ter  $k$  update steps starting from the initial  $\mathbf{u}(x, 0) = \mathbf{v}(x)$  with adaptive stepsize  $\Delta t =$   
564  $1 / \int_{\Omega} (k(x, y) + k(y, x)) dy$  and by choosing  $\lambda = \tilde{\lambda} / \Delta t(x)$ , we obtain the following

$$\begin{aligned} \mathbf{u}(x, k\Delta t(x)) &= \mathbf{u}(x, (k-1)\Delta t(x)) - \Delta t(x) \nabla_{\mathbf{u}} J - \lambda \Delta t(x) (\mathbf{u}(x, (k-1)\Delta t(x)) - \mathbf{f}(x)) \\ &= \int_{\Omega} \frac{K(x, y) \mathbf{u}(y, (k-1)\Delta t(x))}{\int_{\Omega} K(x, y') dy'} dy + \tilde{\lambda} (\mathbf{f}(x) - \mathbf{u}(x, (k-1)\Delta t(x))). \end{aligned} \quad (27)$$

565 Discretizing  $\mathbf{u}(x, k\Delta t(x))$  and using Monte-Carlo approximation for the integrals in 27, we obtain

$$\mathbf{u}^{(k)}(i) = \sum_{j=1}^N \mathbf{A}_{ij} \mathbf{u}^{(k-1)}(j) + \tilde{\lambda} (\mathbf{f}(i) - \mathbf{u}^{(k-1)}(i)), \quad (28)$$

566 where  $\mathbf{A}_{ij}$  is computed using the keys and queries as either  $\text{softmax}(\mathbf{k}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})$  or  
567  $\text{softmax}(\mathbf{q}(i)^\top \mathbf{k}(j) / \sqrt{D_{qk}})$ .

568 Suppose that  $\mathbf{u}^{(k)}(i)$ , defined as Eqn. 28, converges to a constant vector  $\bar{\mathbf{u}}$  as  $k \rightarrow \infty$ . We  
569 have

$$\begin{aligned} & \mathbf{u}^{(k+1)}(i) - \mathbf{u}^{(k+1)}(j) \\ &= \sum_{l=1}^N \mathbf{A}_{il} \mathbf{u}^{(k)}(l) - \sum_{l=1}^N \mathbf{A}_{jl} \mathbf{u}^{(k)}(l) + \tilde{\lambda} (\mathbf{u}^{(k)}(j) - \mathbf{u}^{(k)}(i)) + \tilde{\lambda} (\mathbf{f}(i) - \mathbf{f}(j)) \\ &= \left( \sum_{l=1}^N \mathbf{A}_{il} \mathbf{u}^{(k)}(l) - \mathbf{u}^{(k)}(i) \sum_{l=1}^N \mathbf{A}_{il} \right) - \left( \sum_{l=1}^N \mathbf{A}_{jl} \mathbf{u}^{(k)}(l) - \mathbf{u}^{(k)}(j) \sum_{l=1}^N \mathbf{A}_{jl} \right) \\ & \quad + (\tilde{\lambda} - 1) (\mathbf{u}^{(k)}(j) - \mathbf{u}^{(k)}(i)) + \tilde{\lambda} (\mathbf{f}(i) - \mathbf{f}(j)) \\ &= \sum_{l=1}^N \mathbf{A}_{il} (\mathbf{u}^{(k)}(l) - \mathbf{u}^{(k)}(i)) - \sum_{l=1}^N \mathbf{A}_{jl} (\mathbf{u}^{(k)}(l) - \mathbf{u}^{(k)}(j)) + (\tilde{\lambda} - 1) (\mathbf{u}^{(k)}(j) - \mathbf{u}^{(k)}(i)) \\ & \quad + \tilde{\lambda} (\mathbf{f}(i) - \mathbf{f}(j)) \end{aligned} \quad (29)$$

Table 5: Top-1 and Top-5 accuracy (%) of Sym-NeuTRENO DeiT vs. Sym-DeiT on the ImageNet classification task. The Sym-NeuTRENO DeiT models significantly outperform the Sym-DeiT in terms of accuracy, indicating the benefit of NeuTRENO method.

Model/Metric	Top-1 Acc (%)	Top-5 Acc (%)
Sym-DeiT	71.14	90.54
Sym-NeuTRENO DeiT	<b>72.07</b>	<b>91.22</b>

573 Since  $\mathbf{u}^{(k)}(i) \rightarrow \bar{\mathbf{u}}$ , for  $i = 1, 2, \dots, N$ , as  $k \rightarrow \infty$ , we have 
$$\begin{cases} (\mathbf{u}^{(k+1)}(i) - \mathbf{u}^{(k+1)}(j)) \rightarrow \mathbf{0} \\ (\mathbf{u}^{(k)}(l) - \mathbf{u}^{(k)}(i)) \rightarrow \mathbf{0} \\ (\mathbf{u}^{(k)}(l) - \mathbf{u}^{(k)}(j)) \rightarrow \mathbf{0} \\ (\mathbf{u}^{(k)}(j) - \mathbf{u}^{(k)}(i)) \rightarrow \mathbf{0} \end{cases}$$

574 as  $k \rightarrow \infty$ . This is a contradiction since while the LHS of 29 approaches  $\mathbf{0}$ , its RHS approaches  
575  $\tilde{\lambda}(\mathbf{f}(i) - \mathbf{f}(j))$ , which is not  $\mathbf{0}$  in general. Thus, we obtain the conclusion of Proposition 1.

## 576 C Derivation of Gradient of E as Given in Eqn. 21

577 Taking the gradient of  $E(\mathbf{u}, \mathbf{f})$  with respect to  $\mathbf{u}$ , we obtain

$$\nabla_{\mathbf{u}} E = \nabla_{\mathbf{u}} J + \left[ \frac{\partial G}{\partial u_1}, \frac{\partial G}{\partial u_2}, \dots, \frac{\partial G}{\partial u_D} \right]^T. \quad (30)$$

578 The partial derivative  $\partial G / \partial u_j$ ,  $j = 1, 2, \dots, D$ , is defined through its dot product with an arbitrary  
579 function  $h_j \in L^2(\Omega)$  as follows

$$\begin{aligned} \frac{\partial G}{\partial u_j} \cdot h_j(x) &= \frac{d}{d\tau} G(u_j + \tau h_j) \Big|_{\tau=0} \\ &= \frac{\lambda}{2} \left( \frac{d}{d\tau} \int_{\Omega} (u_j(x) - f_j(x) + \tau h_j(x))^2 dx \right) \Big|_{\tau=0} \\ &= \lambda \int_{\Omega} (u_j(x) - f_j(x)) h_j(x) dx. \end{aligned}$$

580 Thus, the Frechet derivative of F with respect to  $u_j$  is given by

$$\frac{\partial G}{\partial u_j} = \lambda(u_j(x) - f_j(x)) \quad (31)$$

581 Substituting the formula for  $\partial G / \partial u_j$  in Eqn. 31 into Eqn. 30 for  $\nabla_{\mathbf{u}} E(\mathbf{u}, \mathbf{f})$ , we obtain the following  
582 gradient flow

$$\frac{d\mathbf{u}(x, t)}{dt} = -\nabla_{\mathbf{v}} E(\mathbf{u}, \mathbf{f}) = -\nabla_{\mathbf{u}} J(\mathbf{u})(x) + \lambda(\mathbf{f}(x) - \mathbf{u}(x)), \quad (32)$$

583 where  $t$  is a dummy time variable and  $-\nabla_{\mathbf{u}} J(\mathbf{u})$  is defined as in 9.

## 584 D Results of Symmetric Setting

585 In this section, we show that NeuTRENO significantly improves the performance of a symmetric  
586 transformer baseline, which utilizes symmetric self-attention. We refer to the DeiT with symmetric  
587 attention, defined in 14, as Sym-DeiT and the Sym-DeiT combined with our NeuTRENO method as  
588 Sym-NeuTRENO DeiT.

589  
590 **Object classification on Imagenet** To further illustrate the advantage of our NeuTRENO  
591 method, we compare Sym-NeuTRENO DeiT with the Sym-DeiT baseline on the ImageNet image  
592 classification task. Our Sym-NeuTRENO DeiT outperforms the Sym-DeiT baseline, as shown in  
593 Table 5. Notably, the Sym-NeuTRENO DeiT achieves higher performance in terms of both top-1  
594 accuracy and top-5 accuracy than Sym-DeiT baseline. These results further confirm the benefits of  
595 our proposed NeuTRENO model.

596 **Image Segmentation on ADE20K dataset** We also compare the performance of the Segmenter  
597 models [45] using the Sym-NeuTRENO DeiT backbone with models using the Sym-DeiT backbone  
598 on ADE20K image segmentation [60], as shown in Table 6. The results demonstrate the substantial  
599 performance improvements achieved by utilizing the Sym-NeuTRENO DeiT backbone compared  
600 to the Sym-DeiT backbone in terms of both single-scale (SS) MIOU and multi-scale (MS) MIOU  
601 metrics. This result further validates the advantages of our NeuTRENO models in enhancing image  
602 segmentation performance in the symmetric setting.

Table 6: Single-scale (SS) MIoU and multi-scale (MS) MIoU of the Sym-NeuTRENO DeiT vs. Sym-DeiT. The Sym-NeuTRENO DeiT model is beneficial since they significantly outperform the Sym-DeiT.

Model/Metric	SS MIoU	MS MIoU (%)
Sym-DeiT	35.18	36.00
Sym-NeuTRENO DeiT	<b>35.68</b>	<b>36.39</b>

Table 7: Top-1 and Top-5 accuracy (%) of NeuTRENO DeiT-small vs. DeiT-small on the ImageNet benchmark. The NeuTRENO DeiT-small significantly outperform the DeiT-small in terms of accuracy. We also compare NeuTRENO DeiT-small with DeiT plus FeatScale, a vision transformer model that addresses over-smoothing, showing the advantage of NeuTRENO. The accuracies reported in [48] for DeiT-small and [53] for DeiT-small plus FeatScale, respectively, are in parentheses.

Model/Metric	Top-1 Acc (%)	Top-5 Acc (%)
DeiT-small	79.97 (79.9)	95.05 (95.0)
DeiT-small + FeatScale	79.96 (80.9)	95.06
NeuTRENO DeiT-small	<b>80.68</b>	<b>95.30</b>

## 603 E Additional Details on the Empirical Analysis in Section 5

604 In this section, we provide the details for the empirical analysis in Section 5.

### 605 E.1 Average Cosine Similarity between Gradient Approximations

606 To produce the results in Table 4, we derive the approximation for the gradient  $\nabla_{\mathbf{u}} J(\mathbf{u})$ , from Eqn 9,  
607 at time  $t = 0$ :

$$\nabla_{\mathbf{u}} J(\mathbf{u}) = \int_{\Omega} (\mathbf{u}(x, 0) - \mathbf{u}(y, 0)) K(x, y) dy = \int_{\Omega} (\mathbf{v}(x) - \mathbf{v}(y)) K(x, y) dy,$$

608 where  $K(x, y) := k(x, y) + k(y, x)$ . Using Monte-Carlo approximation for the integral and  
609 choosing  $K(x, y) = \exp(\mathbf{k}(x)^T \mathbf{k}(y) / \sqrt{D_{qk}})$ , the symmetric approximation of the gradient  
610 is derived as  $\sum_{j=1}^N (\mathbf{v}(i) - \mathbf{v}(j)) \exp(\mathbf{k}(i)^T \mathbf{k}(j) / \sqrt{D_{qk}})$ . Otherwise, by choosing  $K(x, y) =$   
611  $\exp(\mathbf{q}(x)^T \mathbf{k}(y) / \sqrt{D_{qk}})$ , the asymmetric approximation of the gradient is derived as  $\sum_{j=1}^N (\mathbf{v}(i) -$   
612  $\mathbf{v}(j)) \exp(\mathbf{q}(i)^T \mathbf{k}(j) / \sqrt{D_{qk}})$ . In this analysis, we take the dot product between the symmetric and  
613 asymmetric approximation of the gradient  $\nabla_{\mathbf{u}} J(\mathbf{u})$  and average these dot products over positions.  
614 We finally report the average cosine similarity over 1000 training data and 1000 test data, as shown in  
615 Table 4.

### 616 E.2 Average Value of Function

617 In order to report the average value of function  $J(\mathbf{u})$  in Fig. 3, we follow the process of computing  
618  $J(\mathbf{u})$  for 1000 data points for each transformer block. Subsequently, the average value is reported for  
619 each layer. This procedure is carried out for both the training and test datasets.

### 620 E.3 Over-smoothing Analysis

621 The average cosine similarity between all pairs of token’s representations  $(\mathbf{x}_i, \mathbf{x}_j)$  in a sequence is  
622 computed as

$$\frac{1}{N(N-1)} \sum_{i \neq j} \frac{\mathbf{x}_i^T \mathbf{x}_j}{\|\mathbf{x}_i\|_2 \|\mathbf{x}_j\|_2}.$$

623 The result is then averaged over 1000 randomly chosen test data in ImageNet and ADE20K. The  
624 result is then reported for each layer, as in Fig. 1.

## 625 F Additional Experimental Results

### 626 F.1 Object classification on Imagenet with DeiT-small baseline

627 In this section, we show the advantages of our method when we further scale up the model by doubling  
628 the model dimension and the number of heads compared to that of the DeiT-tiny. In particular, the  
629 NeuTRENO DeiT-small achieves better results in both Top-1 Accuracy and Top-5 Accuracy, as  
630 shown in Table 7. Our method also outperforms DeiT plus FeatScale. Here, we did our best to  
631 reproduce the results of DeiT-small plus FeatScale [53]. In Table 7, we include our reproduced results  
632 and the results reported in [48] for DeiT-small and [53] for DeiT-small plus FeatScale, respectively.

### 633 F.2 Beyond Softmax-Attention

634 We show that NeuTRENO can be combined with other baseline attention mechanisms other than  
635 softmax attention. In particular, our NeuTRENO significantly improves transformer-based models

Table 8: Accuracy of NeuTRENO vs. Kernel Transformer on the CIFAR-10 dataset [27]. The NeuTRENO model significantly outperforms the in terms of accuracy.

Model/Metric	Accuracy (%)
Kernel Transformer	75.89
NeuTRENO	<b>76.75</b>

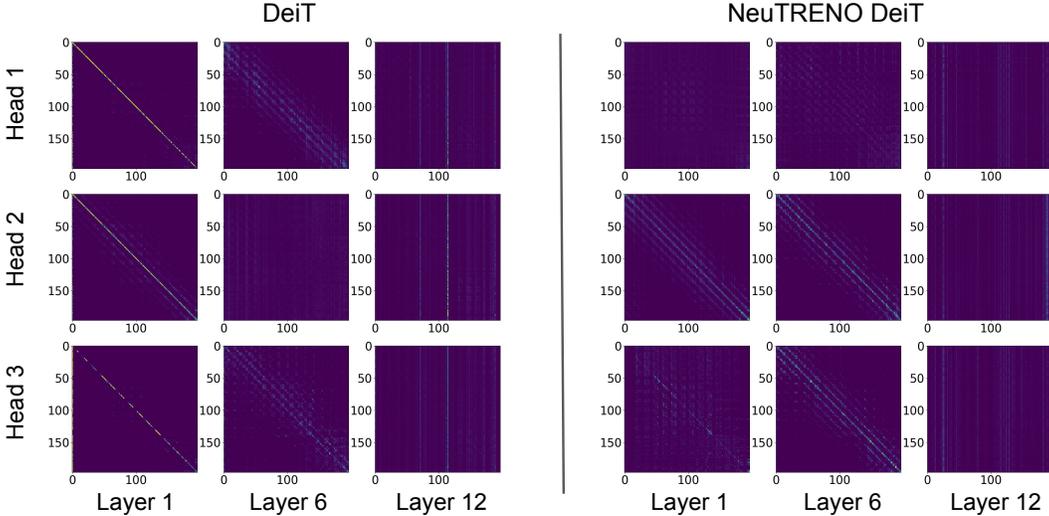


Figure 4: Plot of attention matrices attained from layer [1, 6, 12] of both the pretrained DeiT-tiny baseline (Left) and the NeuTRENO DeiT-tiny (Right) models, for each head, using a random sample from the Imagenet dataset.

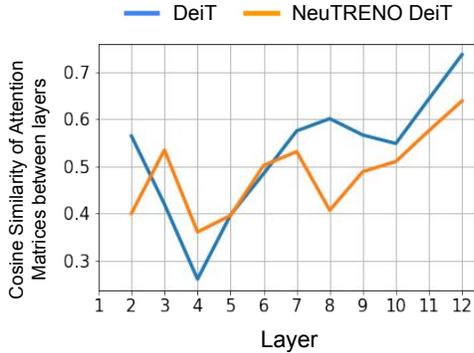


Figure 5: The average cosine similarity of attention matrices between two successive layers, over 1000 randomly sampled data, of the trained NeuTRENO DeiT and trained DeiT models on the Imagenet classification task.

636 with kernel attention [43, 49], on the CIFAR-10 image classification task [27], as shown in Table 8.  
 637 This further confirms the benefits of our model. Here, both models share the same configuration  
 638 regarding training, the model’s size, and the model’s depth (12 layers).

## 639 G Additional Empirical Analysis Results

640 This section provides extra empirical analysis to further demonstrate the benefits of NeuTRENO  
 641 models in mitigating over-smoothing.

### 642 G.1 Visualizing Attention Matrices

643 Fig. 4 displays the 3-head attention matrices obtained from layer [1, 6, 12] of both the pre-trained  
 644 NeuTRENO DeiT-tiny and the DeiT-tiny baseline models, using a random sample from the ImageNet  
 645 dataset.

### 646 G.2 Head Redundancy between Layers

647 NeuTRENO mitigates head redundancy between layers, particularly in the final transformer layers  
 648 where over-smoothing is most pronounced. Fig. 5 shows the average cosine similarity of attention

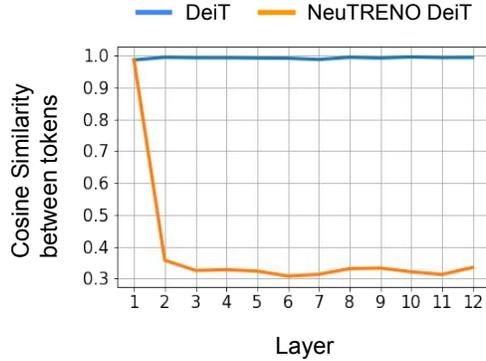


Figure 6: The average cosine similarity between token representations of 12-layer randomly-initialized NeuTRENO DeiT and DeiT models, on the Imagenet classification task. Here, 1000 data are randomly sampled for the analysis.

649 matrices between two successive layers, over 1000 randomly sampled data. The trained NeuTRENO  
 650 DeiT obtains lower cosine similarity than that of the trained DeiT as the model depth increases.

651 **G.3 NeuTRENO Inherently Mitigates Over-smoothing, even without Training the Models**

652 Randomly-initialized NeuTRENO DeiT-tiny significantly reduces the average cosine similarity  
 653 between token representations of 12-layer randomly-initialized DeiT-tiny model, as shown in Fig. 6,  
 654 on the Imagenet classification task. This observation highlights the ability of our NeuTRENO models  
 655 in mitigating over-smoothing.

656 **G.4 Efficiency Analysis**

657 We report the ratios of the floating-point operations per second (FLOPs), the inference memory, and  
 658 the inference real-time running of NeuTRENO DeiT vs. DeiT per sample on the ImageNet dataset,  
 659 which are 1.00005, 1.000002, 1.00013, respectively. This indicates that the significant gain in the  
 660 performance of NeuTRENO does not come with the cost of efficiency.